

CAPE TOWN

Purely Local

community • family • lifestyle • passion



December 2022

SOAK UP CAPE TOWN'S
NATURAL BEAUTY
**AT THE CAPE
GRACE**

**GET YOUR
SKATES ON**

GRAB A PINT
FROM ONE OF OUR
FAVOURITE BREWERIES

CELEBRATING
OUR LOCAL HEROES

your one stop holiday shop

it's the season to be jolly

entertain in style



2L jug and 4 cups set asstd cols R99

fun in the sun



Bestway inflatables from R45 large selection of water and sand toys for kids & adults, goggles, snorkels, inflatables, pool loungers and more



christmas decor from R45

elegant dining



available in amber, black & blue @ selected stores only
wine glass 490ml R59
champagne 195ml R49
short tumbler 425ml R34
tall tumbler 470ml R39

gifts for boys & girls



Branded toys from R49



16 piece cutlery set black & gold R399
35cm place-mats 4 asst metallic R20
21cm oval aluminium plate matte black R119
30cm oval aluminium plate gold R199



Assorted Paw Patrol characters



FRANSCHOEK 4 PACK GLASSES
G&T 650ml R139 red wine 490ml R119
flute 190ml R109 white wine 385ml R109

OUTDOOR TABLEWARE



1.9L Jug R119
3.6L bowl R69
340ml wine glass R29
530ml tumbler R29
900ml bowl R29
400ml tumbler R25
looks like glass... but it is plastic!

storage combos



BUY 2 & get 1 FREE
ADDIS
30L rough tote R199
BUY 2 & get 1 FREE
110L rough tote R329
45L rough tote R219
clear storage set 11L, 26L & 56L R379



candles from R49
30 LED lights with timer 3m R35
8's tea light candles gold or silver R29
3's tea light candles assorted R35



Contents

- 2 THE ULTIMATE FESTIVE SEASON BUCKET LIST
- 4 CELEBRATING COLOUR AND CULTURE WITH NOMI HANDMADE
- 5 ROCK AND ROLLER-SKATE WITH THE ISA MOTHER CITY ROLLERS
- 6 GRAB A PINT AT OUR FAVOURITE LOCAL BREWERIES
- 8 PIE'S THE LIMIT AT THIS DELICIOUS BAKERY
- 9 LOCAL DJEMBE ARTIST THANDO FENI GOES BEYOND BUSKING
- 10 A LOCALLY MADE RIDE HAIL SERVICE THAT'S KEEPING WOMEN SAFE
- 11 GROWING FOR GOOD... ON TOP OF THE KENILWORTH CENTRE!
- 12 FUN AT INTAKA ISLAND THIS HOLIDAY SEASON
- 14 CONSERVATIONIST WILFRED CHIVELL ON KEEPING GANSBAAI'S MARINE LIFE SAFE

Published by:
Arena Group Holdings
Please visit our website for information: adroom.arena.africa
JHB: +27 (0)11 280 3000 | DBN: +27 (0)31 250 8500
CPT: +27 (0)79 502 5443 | Gqeberha: +27 (0)41 504 7911
EL: +27 (0)43 702 2000

General Manager Augment Creative:
Chantelle Balsdon - chantelle@augmentcreative.com

Editor:
Sarah Marjoribanks - Sarah@augmentcreative.com

Design & Layout:
Peter Batistich - peter@augmentcreative.com
Marthie de Wet - marthie@augmentcreative.com

New Business Development:
Jason Whitehouse - Whitehouse@arena.africa

Advertising Sales:
Wendy Navarra - wendy@augmentcreative.com

Digital Strategy and Production:
Chantelle Balsdon - chantelle@augmentcreative.com
De Wet van Rensburg - dewet@augmentcreative.com
Jackie Adams - jackie@augmentcreative.com
Oliver Johnson - oliver@augmentcreative.com

Disclaimer: Every effort has been made to ensure the accuracy of the information in Purely Local Magazine. Neither Arena Group Holdings nor Purely Local assumes any responsibility for errors or omissions. The editor reserves the right to amend and alter copy and visual material as deemed necessary.

All rights reserved: No part of this publication shall be reproduced, copied, transmitted, adapted or modified in any form by any means. This publication shall not be stored in whole or in part in any form in any retrieval system.



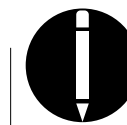
VISIT OUR WEBSITE

FOLLOW US ON SOCIAL MEDIA
[@PurelyLocalCT](https://www.facebook.com/PurelyLocalCT)
[@PurelyLocalSA](https://www.facebook.com/PurelyLocalSA)
purelylocal.co.za



PurelyLocal

Welcome



ED'S WORD

Summer holidays and the festive season mean different things to everyone – for most of us, it's a time to spend time with friends and family, resting, relaxing and eating (this is definitely my top priority - in fact, I've just wrestled a 1kg Christmas cake into the oven). But, spare a thought for the incredible men and women who keep us safe over this busy time. We chatted with a few of our local heroes – the lifeguards, sharkspotters and firefighters – about what they love about their jobs, but also what they'd love us, the public, to know about what they do.

There's nothing we love more than hearing about the amazing things that Capetonians are up to – from developing an app that'll help women and children commute safely, to designing an ingenious piece of equipment that makes braais a doddle, read all about it in this issue of Purely Local Cape Town. When it comes to small business, there are two local entrepreneurs you're definitely going to want to support this festive season – Sweet as Pie has a stunning range of bakes, and Nomi Handmade creates clever, colourful jewellery using shweshwe fabric – and they're absolutely beautiful!

For those obsessed with the sea, read all about Wilfred Chivell and his work in marine conservation in the small town of Gansbaai. He founded the Dyer Island Conservation Trust and now, together with the community, ensures that all marine life is protected and allowed to thrive in peace. Closer to home, HandPicked CityFarm has opened a luscious green garden on top of the Kenilworth Centre with the aim to tackle unemployment and food security in the area.

If you have a New Year's Resolution to be more social AND more active, then read all about the Isa Mother City Rollers - a very cool skate club dedicated to roller dance, with practice sessions at the Green Point Stadium. Lastly, while we're sure you're not short on ideas on what to do this summer, check out our Ultimate Festive Season Bucket List for some of our top picks in and around the city.

Wishing you a fun, safe and restful summer!

Sarah Marjoribanks



- 15 GET SUMMER READY WITH THE DRAAI BRAAI!
- 16 OUR LOCAL HEROES ON THE HIGHLIGHTS – AND CHALLENGES – OF KEEPING US SAFE
- 18 TAP INTO YOUR CREATIVITY AT THESE LOCAL DESIGN AND ANIMATION SCHOOLS
- 20 TYSON PROPERTIES SETS RECORD ON THE ATLANTIC SEABOARD

SPECIALS VALID UNTIL 31 DECEMBER
WHILE STOCKS LAST. E&OE

mambo's
STORAGE & HOME

HEAD OFFICE - 021 911 5555

shop online: mambos.store

• WESTERN CAPE:
RETREAT - GREEN POINT - PARKLANDS - TABLE VIEW - KENILWORTH
CAPE GATE - BELLVILLE - PAARL - GEORGE - SOMERSET WEST
• EASTERN CAPE: BEACON BAY - VINCENT - BAYWEST - FAIRVIEW
• BLOEMFONTEIN: VALUE MART - LANGENHOVEN PARK



THE ULTIMATE FESTIVE SEASON

BUCKET LIST

WORDS: Saahirah Ismail

The holidays are here and we've compiled our pick of Cape Town's must-do things this summer season. Grab your friends and family and make the most of your holidays!

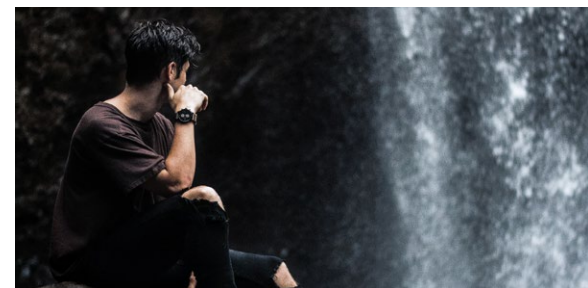
ROOFTOP DINING

Are you looking for an out-of-this-world rooftop experience? Make a reservation at The Kove Collection's The Nines in Sea Point for 270° views over upper Sea Point and the Atlantic Ocean. Based on the ninth floor of the Station House, you'll find a cocktail lounge serving classic drinks such as Moscow Mules, Pisco Sours and Palomas and upmarket dining in their rooftop restaurant. thenines.co.za



SUNSET CONCERT

The iconic Kirstenbosch Summer Sunset concerts are back with a star-studded line-up that's sure to get you dancing. With Table Mountain as the stage backdrop, the warm summer air, and great music from bands like Mango Groove, Goldfish, Judith Sephuma and Spoegwolf, it's the perfect way to spend the day. The concerts run until April 2023 and for the full line-up, visit [@KirstenboschSummerSunsetConcerts](https://www.facebook.com/KirstenboschSummerSunsetConcerts)



CHASE WATERFALLS

For all the nature-lovers, Woodstock Cave should already be on your bucket list! After some good rainfall, the tiny waterfall at Woodstock Cave on the slopes of Table Mountain transforms into a curtain of water, with rainbows and all. The cave itself has an epic view of the area of Woodstock and its surroundings. It's a relatively easy and family-friendly hike, so be sure to pack a picnic and enjoy the view while you're up there.

GO FOR A RUN

A bonus activity for the festive season bucket list is a late afternoon run through Green Point Park. The beautiful urban park has plenty of running tracks through landscaped gardens and is located just a stone's throw from the CBD, with Table Mountain and the Green Point Stadium providing a gorgeous backdrop. greenpointpark.co.za



MUSIC FESTIVAL

Head to the Black River Park Sports Complex in Observatory this New Year's Eve for the Secrets of Summer Outdoor Music Festival! The multi-genre music experience will comprise multiple dance floors, VIP Areas, and four international acts, who will be supported by 30 of SA's leading acts and performers. [SecretsOfSummer](https://www.facebook.com/SecretsOfSummer)

HIKE TO A CAVE

If you look up at the Mountain from the Southern Suburbs, you'll see that it's shaped like an elephant's head - and the Elephant's Eye cave is perfectly located where the eye would be. This leisurely hike starts at Silvermine Dam and winds up the mountain past indigenous fynbos. It's relatively easy, with a little bit of uphill at the beginning and end as you hike towards the cave, with incredible views.

COASTAL DINING

Looking for a fine dining experience? Visit Urchin Restaurant at The Hyatt Regency Cape Town, headed up by Chef Gerard van Staden, to try his elevated take on locally sourced and sustainable fresh fish and seafood. Guests can order the tasting menu or a la carte, with each dish of his signature menu inspired by travels up and down the nation's coast as well as across Africa, Asia and Europe. urchinrestaurant.co.za



VISIT A FOOD MARKET

Held every Saturday and Sunday at Granger Bay, the Oranjezicht City Farm Market is a community farmers-style market for independent local farmers and artisanal food producers. Do your weekly food shopping or tuck into breakfast and lunch from a wide variety of excellent stalls, including Sepial's Kitchen and Kleinsky's Deli. An added bonus? Well-behaved dogs are welcome! ozcf.co.za

CRUISE INTO THE SUNSET

Watch the sun sink into the glistening Atlantic Ocean from the deck of an elegant ship, with a glass of local sparkling wine in hand and the warm summer breeze in your hair. You'll be able to take in all the views the city has to offer as you cruise around the coastline and relax on the deck - and you might also spot dolphins on your trip! sunsetcruisecapetown.co.za

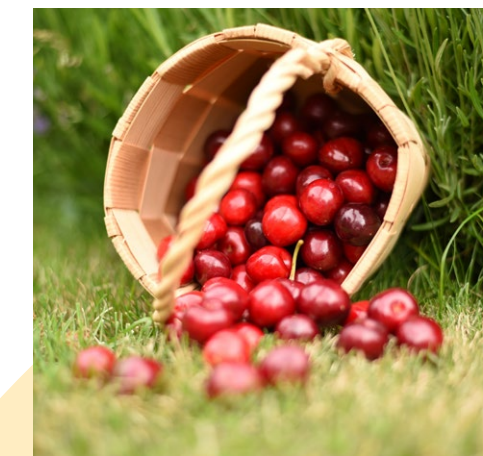


SUNRISE SWIM

The Sea Point pool is one of Cape Town's most beautiful public pools and is set right on the Sea Point beachfront with a panoramic view of the Atlantic Ocean and a spectacular coastal outlook. Why not kick off your day with a few laps? It has something for everyone - a 50m Olympic size swimming pool, two kiddies splash pools, and a deep diving pool with springboard.

CHERRY ON TOP

What better way to get into the festive spirit by spending the day picking cherries at Klondyke Cherry Farm? Situated 30km from Ceres (about 2 hours from Cape Town) you can pick-your-own during the short cherry season, and relax in the shade with a picnic to recuperate. Or why not make a weekend of it and stay over in one of the three self-catering cottages or campsites? cherryfarm.co.za



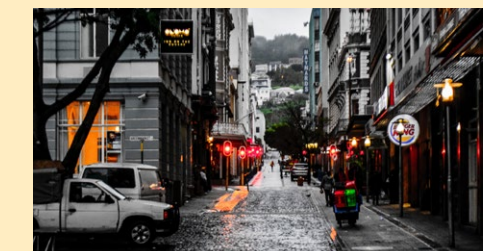
FIRST THURSDAYS

First Thursdays were started in Cape Town in 2012 - inspired by similar initiatives in other cities around the world, the monthly event takes place on the first Thursday of every month and injects delightful urban energy into the city centre after hours. You'll see the inner city come alive as art galleries, restaurants and bars stay open late, allowing you to browse and walk around the city streets in the evening with other locals and visitors. first-thursdays.co.za



TAKE A HISTORIC STROLL

Want to get to know the city better? Guided city walks are the best way to do it! These free tours depart twice a day from Church Square on Parliament Street at 11:00 and 16:20, lasting about 1½ hours. The tour dives deep into the history of Cape Town - and even longstanding Capetonians will get to learn a thing or two about the city they live in. walkcapetown.com



GET ARTSY

Based on Church Street in the heart of Cape Town, you'll find the Cape Gallery. It's flanked by colourful Georgian and Dutch facades, behind which you'll find some of the oldest galleries, antique shops, and auction houses in the city. This makes the whole area a must-visit for the artistically-inclined - but we'd particularly recommend the Cape Gallery which exhibits fine art that is rooted in the South African tradition. capegallery.co.za



Celebrating CULTURE & COLOUR

WORDS: Saahirah Ismail

Specialising in vibrant jewellery made with shweshwe fabric, Nomi Handmade has a rich history that stretches the globe and is celebrated with every piece.

Nomi Handmade's neckpieces, bracelets, and earrings include a variety of thread-wrapping, beading, sewing, and decoupage techniques, all made with shweshwe fabric. Described as the denim or tartan of South Africa thanks to its popularity, shweshwe is made in a variety of colours and printing designs characterised by intricate geometric patterns.

"One of my favourite talking points about Nomi Handmade, apart from it being named after my mom, is the meaning behind the name. Short for Nomgcobo, which means happiness in Xhosa, Nomi is Hebrew for delightful, beautiful, or pleasant - all of which are feelings that shweshwe fabric inspires in the wearer and admirer, alike," says owner and founder, Thandie Dowery.

HISTORY IN EVERY STITCH

Thandie's mother was an activist during Apartheid and had to abruptly flee the country some decades ago. On arriving in New York City, she found an overwhelming amount of

support from the Jewish community - so much so that she converted to Judaism to show her appreciation for their kindness during such a difficult time. Nomi was one of her nicknames and coincidentally the name that many women take on when they convert to Judaism, says Thandie.

The experiences and memories collected throughout the years between Thandie and her mother have formed the brand today, and Thandie describes it as a "Culture Colour Block". The brand was given a Jewish name chosen by a Xhosa woman during her time in the US, who birthed a girl that subsequently returned to South Africa and started Nomi Handmade, a brand that celebrates a textile of the baSotho people of Lesotho, a country landlocked within South Africa, which is all made by hand in Eastern Cape, South Africa.

THE PERSONAL TOUCH

Since its inception in 2015, Nomi Handmade has built a local following as well as a loyal clientele abroad. Each piece is made with care and love, by hand, and crafted to the highest quality standards.

Thandie has also expanded the brand and created workshops held at Workshop17 in Kloof Street where people can learn how to make fabric jewellery. The relaxed sessions are a time for everyone to get to know each other over "drinks and tunes", as Thandie describes it, and an opportunity to get acquainted with shweshwe and learn how to manipulate the fabric into bold and bright jewellery pieces. You can choose between a necklace, pair of earrings, a bracelet or mix it up - and the best part of the workshop is whatever you make, you get to take!

Get Connected

[nomihandmade.co.za](https://www.nomihandmade.co.za)
[@nomihandmade](https://www.instagram.com/nomihandmade)



ROCK &

Roll

When was the last time you roller-skated? If you're anything like me, it's been many (many) moons - but after chatting with Andrea Stallbom of the Isa Mother City Rollers Skate Club, you might just be convinced to strap on some skates and get rolling.

WORDS: Sarah Marjoribanks
IMAGES: Mustapha Parker and Heinrich van Heerden

"It is just so much fun!" says Andrea. It was an activity that completely terrified her at first, though, which is partly what made her pick it up - as a challenge to push through her fears and a hobby to distract from the stresses of the pandemic and lockdown. "Rolling around on wheels is like being a child again and losing yourself in playing."

She shared her progress on Instagram, through which she quickly connected with other roller-skaters around Cape Town, and then took a few beginner lessons with derby team Cape Town Roller Girls. But she really found her niche one Sunday afternoon when she joined a Jam skate at the Sea Point promenade - a meet-up started by Sea Point locals to just skate and enjoy music. "The vibes were infectious! I don't know why, but dancing on wheels is so much more fun," she says.

ANDREA'S TOP SPOTS TO SKATE

DHL Stadium in Green Point (the tarred area in front of the stadium): this is where the Isa Mother City Rollers meet twice a week to practise. It's quiet from traffic and pedestrians, large enough to skate as a big group and also beautiful, with majestic sunsets.

Rollercade: roller rink at Battery Park in the V&A Waterfront with skate hire so you can bring your friends along too.

Outdoor bike paths: There are some wonderfully smooth stretches to enjoy nature and skate a longer distance - we take my dog along and have some fun racing her!

Andrea was inspired to create Isa Mother City Rollers, an artistic skate club that's open to all and dedicated to promoting roller skating as a sport and leisure activity and develop dance and artistic skating in Cape Town. "I see artistic skating as the ballet of roller dance - it teaches you all the fundamentals and strengthening to improve

every type of dancing on skates," says Andrea.

To start, you'll just need your own pair of quad roller skates (2 wheels at the front and back and a toe stop in the middle) and preferably protective gear such as knee pads and wrist guards. And there's a reason you'll need those: "You'll have to learn to fall safely, because falling while learning is inevitable!" she says.

The best part about the community, Andrea says, is that it attracts all types of people. "We have every age group joining in and people from all walks of life. Really, the only requirement is that you are brave enough to put on some skates, face your falling fears, start rolling and go for it!"

"It is also a great full body workout, so those looking for a fun way to get some exercise without it even feeling like a workout will love it," she says. "Meeting so many new people and sharing a love for this quirky fun hobby together has really been a hugely fulfilling part of this roller-skating journey for me."

Get Connected

Isa Mother City Rollers meet Mondays and Wednesdays at 5pm at the tarred area in front of the DHL Stadium in Green Point.
[@isamothercityrollers](https://www.instagram.com/isamothercityrollers)
[@isamothercityrollers](https://www.facebook.com/isamothercityrollers)





grab A PINT!

Head to one of our favourite local breweries for a made-in-Cape-Town brew.



AEGIR BREWERY NOORDHOEK

Aegir Project Taproom is an independent craft brewery with a family-friendly restaurant located just below Chapman's Peak with a mission "to make real beer, properly". They aim to release a new beer almost every week with a wide range of interesting choices such as ice cream key lime pie sour and watermelon wheat beer. Feeling peckish after your tasting? Aegir Project's restaurant has you covered with Neapolitan sourdough pizzas and New York-style hot dogs - plus the restaurant is kid- and dog-friendly, so bring the whole family along for a day out at the brewery! @aegirprojectbrewery.com

Try This: The Nectaron Pale Ale is packed with a strong tropical flavour, hints of pineapples and soft nectarine - it screams Summer!



JACK BLACK BREWERY | DIEP RIVER

Initially, just a space for friends and customers to have a beer or two, Jack Black Brewery decided to open its Taproom to the world and they haven't looked back since! Today they have a delicious food menu, filled with burgers and tempting snacks, which accompanies its wide selection of flavourful beer. There's often live music and community events taking place there, and you can also book yourself on one of their excellent tours or tastings. @www.jackblackbeer.com

Try This: The Super Crush Cherry Ale is a refreshing, limited edition ale for the summer months ahead.

LONG BEACH BREWERY NOORDHOEK

Long Beach brewery offers excellent handmade craft beers, and great coffee for those who would like to experience the brewery without the beer. Located in the laid-back coastal suburb of Noordhoek, Long Beach Brewery is a lovely spot to enjoy the freshness of the sea and a cold one this December. The brewery also offers live music and delicious pizzas from Charlie's Kitchen so, bring your friends, bring your family, and explore the flavours of Long Beach Brewery. @longbeachbrewery.co.za

Try This: Cascade Hops "Bombshell Blonde" - a tasty ale of 5% ABV.



LAKESIDE BREWING CO. KOMMETJIE

Bursting with a wide range of flavours and set in the beautiful Imhoff Farm in Kommetjie, Lakeside Brewery offers quality craft beers brewed with adventure in mind and created for wild and free beer lovers that enjoy the great outdoors. With a long list of options on their beer tasting menu as well as their delicious food menu, there's a selection of choices specially brewed for everyone. @LakesideBrewingCo

Try This: Cascade Hops "Bombshell Blonde" - a tasty ale of 5% ABV.



DEVIL'S PEAK BEER COMPANY SALT RIVER

If you're looking for a place to simply relax, and take in the view of the mountain with a cold pint in your hand, Devil's Peak Taproom has you covered. The location at the foot of Devil's Peak is child-friendly and offers a beautiful outdoor setting for the warmer months that are upon us. Try out the latest creations from Devil's Peak Brewing Company, enjoy a craft beer and food pairing or order something off the menu and enjoy. @www.devilspeak.beer / www.taproomsalriver.co.za

Try This: Devil's Peak King Block House IPA, SA's most awarded craft beer, bursting with bold juicy double dry-hopped flavours.

WOODSTOCK BREWERY WOODSTOCK

The Bavarian-style beer hall and a tasty menu perfectly pairing with a wide selection of craft beers on tap, Woodstock Brewery is one to add to the list of your brewery visits this summer. It's rated as one of the best breweries in Cape Town and has a strong community element - in fact, during the lockdown they switched from beer production to soup production to provide meals for the hungry. Tours can easily be organised via the Woodstock Brewery website, or you can just pop in for a pint and relax on the balcony that gives you a perfect view of the entire brewery at work. @www.woodstockbrewery.co.za

Try This: The American IPA Californicator is crafted in the style of an India Pale Ale and oozes rich tropical and citrus fruit aromas with a clean fruity finish.



AFRO CARIBBEAN BREWING COMPANY KENILWORTH

A small brewery with big flavours! It was established in 2014 above Banana Jam Café and offers a laid-back, Caribbean-style vibe with unique Indie ales. With thirty beers on tap, your options are endless. Hop over to Banana Jam Café for some delicious traditional Caribbean food to accompany your craft beer or enjoy a yummy burger or pizza on their food menu. With their happy hour running daily from 5 PM to 6 PM, enjoy discounts on their craft beer this summer holiday or try out their taster tray. @www.acbc.co.za

Try This: "Blades of Glory American" - a Citra wheat craft offered both in a can and on tap!





HOW DID THE IDEA OF SWEET AS PIE COME ABOUT?

Covid hit us in a huge way - my job came to an end, and I just wanted to do something with my time. I'd recently gotten married and the sudden switch from being independent to now relying on my husband was difficult for me. My husband and I both have a terrible sweet tooth, so after playing around with lots of ideas, Googling and YouTubing, he suggested I begin baking fruit pies. This branched out to tarts and Sweet as Pie was born.

WHAT ARE THE CROWD FAVOURITES THAT EVERYONE SHOULD TRY?

This is difficult as they are all my babies! It really depends on your taste, but people seem to really enjoy the apple pie and the naughty lemon tart as well as the vanilla bean custard tart. The chocolate hazelnut, white chocolate ganache, blueberry, and cherry don't do badly at all. They are all amazing!



There are occasions that just call for pie - even better if that pie is a literal piece of food art. Founded in 2020 by Zizi Matikiti, Sweet as Pie is a family-run bakery that has come a long way from its humble beginnings.

WHAT ARE YOUR FUTURE GOALS FOR SWEET AS PIE?

We would like to have a cute little store and create a place where you can get away from the chaos of life. I'd also like to expand on the event side of things as well.

Get Connected
Find Sweet as Pie at The Cape Town Neighbourhood Market on Saturdays between 9 AM - 3 PM, and the Oranjezicht City Farm Market between Saturday 8.15 AM - 2 PM, Sunday 9 AM - 2 PM, Wednesday 5 PM - 9 PM
Place your order by calling +27 74 468 8682 or emailing orders@sweetaspie.co.za
@sweetaspie.co.za @sweetaspie_sa



GETTING INTO Rhythm

Local djembe artist and busker Thando Feni recently had the chance to record his first single through the Beyond Busking Programme.

"I started playing djembe in 2014 and it just flows through my spirit and blood," says Thando. "No one taught me, it was a gift - it's how I express my emotions and pass positive energy to other people."

where people see us as beggars and not as talented artists."

His song is an amapiano piece called *Hlalethembeni*. "Fittingly, the song means stay in hope - I have really pushed through some difficult times in my life and challenged myself through this process, as the song is a new sound for me."

"Recording my first original piece of music has been a dream come true - and it's been a long time coming!" says Thando. "Busking can take an emotional toll on you, especially in South Africa

"We pride ourselves in creative partnerships" says Cape Town Arts Festival director, Yusuf Ganief, who approached the Cape Audio College to partner in the Beyond Busking Programme. "Cape Town is one of the

most creative cities in the world and I believe we can change lives when we come together and share our resources and skills."

Thando has long been involved in the arts, and started his own company called Onehearts playing djembe, singing and dancing. He's performed with Beatenberg, opened for Micasa and played at the Cape Town Jazz Festival alongside Siphon Hotstix Mabuse.

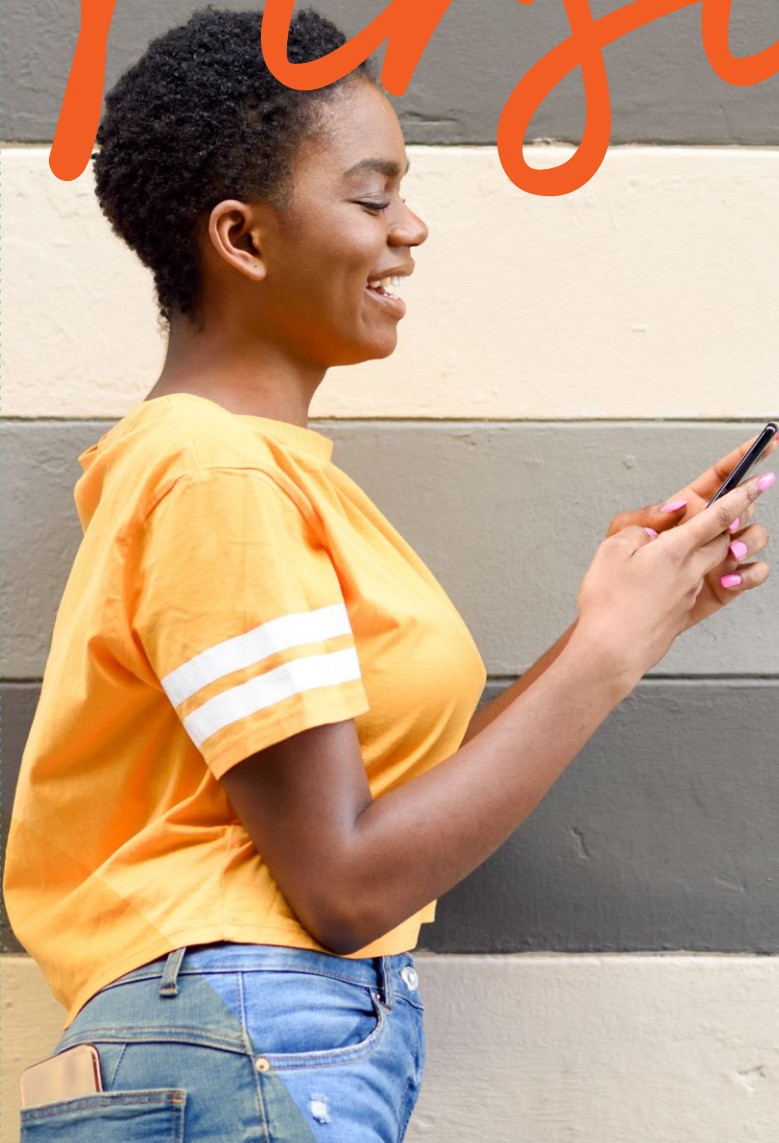
He busks around Cape Town at the Company Gardens, Sea Point and the Amphitheatre at the V&A Waterfront, and was spotted by Thabo Tshelane,

the Media and Marketing Manager for Cape Town Arts Festival. Thabo told him that they were holding auditions for buskers to go through a skills and development programme. "I applied, and the rest is history!"

Looking to the future, Thando wants to travel the world with his music as well as spread his passion for music and the arts locally. "I want to reach more communities in the Western Cape - right now we are just creating platforms for artists in my neighborhood, Gugulethu through my business Thando Feni Entertainment, and hopefully we'll have a wider scope in the coming years."



SAFETY First



A clever new app is connecting women passengers with women drivers, helping them and their children travel around the city in safety.



"Women and children represent the most vulnerable members of society," says founder, Danielle Wright, "but they also represent our greatest untapped resource. ChauffHER is a way for us to provide opportunities and freedom of movement to these groups, to help them live their best lives."

The development process behind the safe and secure ride-hail service first started in 2017, when Danielle and her team developed and built their own app. Then Covid came along, forcing them to pause, take stock and reassess their goals. "Towards the end of 2021 we found technology that we could white-label, which has been an incredible part of the process and has allowed us to find ourselves where we are today," says Danielle.

ChaufHER was released in November, and currently offers pre-booked rides with on-demand rides soon to follow as users increase. "For many of our team it has been an exhilarating, if not daunting growth journey," she says. "We've always kept in mind what women need to feel safe, to empower themselves and to live their lives fully."

For busy moms, the app is a gamechanger - children under the age of 18 may also use the service, allowing parents to shuttle their kids to school, sports games and birthday parties safely. ChauffHER is by women, for women, and both drivers and riders have been at the forefront in its development to ensure that safety is the number one priority for both - as a result, all drivers, vehicles and riders are comprehensively vetted before being able to use the service.

"Driver recruitment is via word of mouth from existing ride-hail drivers, as well as social media, billboard and trailer advertising," says Danielle. Each interested driver is then contacted individually by a ChauffHER team member and taken through the stringent onboarding process. "While it's rigorous, we make sure that it's a personable experience and that a ChauffHER team member is there to help every step of the way."

The ChauffHER team have also collaborated with several partners to keep the app's safety credentials top of its game. These include SAFER through Response24 (providing an in-app SOS functionality), MasterDrive (driver and vehicle assessment as well as defensive driver training) and INpowered (a personal protection program that specialises in women's self-defence).

Get Connected
@chaufher.com
@ChaufHER
@chaufher.ridehail

GROWING FOR

good



HandPicked CityFarm has opened its doors - on top of Kenilworth Centre!

HOW DOES YOUR GARDEN GROW?

FRESH PRODUCE FOR ALL

Developed in partnership with Mr Price Foundation's HandPicked programme in the rooftop space donated by Redefine Properties, this beautiful urban farm aims to do a lot of good in the community.

The project will include a skills development programme that educates youth on how to develop an agricultural business in an urban environment. Project beneficiaries will be sourced from the Langa community and two unemployed young people will be upskilled each month - adding up to 24 young people over a 12-month period. After completing the programme, they'll get resources to set up and run their own urban farms in their backyards.

"We want to create a meaningful and sustainable long-term solution to tackle youth unemployment and in turn food security in our immediate community/catchment area," says Anelisa Keke, chief sustainability officer at Redefine.

iChilli le Langa will utilise the offtake of certain crops, such as chillies, in the production of its sauce range, creating an opportunity for the home growers to generate revenue and move from consumers to producers. The project also plans to donate fresh produce to two to three local NGOs each month, or a minimum of 10 per year.

The HandPicked CityFarm will utilise a South African-developed system called the African Grower. This robust, easy-to-use, modular vertical garden consists of multiple growing pods stacked on top of one another. These towers are suspended, making it pest resilient, and coconut coir is used as a water-efficient growing medium.

The system promotes increased production with each African Grower tower housing between 16 and 24 plants, occupying the same footprint as that of a person standing. This gives the project the advantage of increased production in a small space using vertical growing practices.



Mall restaurants will be able to purchase fresh vegetables directly from the farm, saving the considerable expense of transport fees. A kiosk or pop-up store (as available) in the mall will be allocated to sell produce to customers in order to generate additional income for the farm.



CENTURYCITY
Smart City. Smart Choice.

FUN AT INTAKA ISLAND THIS HOLIDAY

season!

THINGS TO DO AT INTAKA ISLAND THIS HOLIDAY

INTAKA ISLAND HOLIDAY PROGRAMME

Calling all little explorers!

The popular Intaka Island Holiday Programme is back for the school holidays from 19 to 21 December and 9 to 11 January!

Children will be treated to a range of activities throughout the day incorporating the many wonders of Intaka Island with a healthy dose of fun.

Find out more about the holiday programme on our Intaka Island Facebook page.



Located at the heart of Century City, Intaka Island, is an award-winning 16-hectare wetlands and bird sanctuary. Home to 177 species of indigenous fynbos plants and 120 bird species, Intaka – which means 'bird' in Xhosa – is a unique example of nature conservation and urban development co-existing in harmony. Apart from its environmental significance, the area offers a place of solace to take a stroll, relax, and get away from the hustle and bustle of everyday life.



BIRD HIDES

Intaka Island is a must for any bird watcher! Although a lot of activity can be spotted throughout the island, two designated bird hides have been constructed at key areas to maximise your enjoyment and chances of spotting the more elusive birds, the notoriously camera-shy water-mongoose or perhaps you will even spot our resident caracal if you are lucky!

INTAKA ISLAND BOAT RIDES

Take a tranquil ferry ride on the Grand Canal and around Intaka Island and enjoy the fresh air and breath-taking views of Century City. The duration of the ride is approximately 35 minutes. With a special "hop on hop off" feature at Canal Walk and Crystal Towers.

GUIDED TRAILS

Let one of our experienced Field Rangers take you around the nine stations, giving you added information about the inhabitants and different plant life you see. They

will help you with bird identification, information on breeding habits and other unique insights into this very special island. These guided trails are presented by our team of qualified rangers and can be booked beforehand through our Intaka reception desk to ensure availability.

PHOTOGRAPHY

With Intaka Island's central proximity and large diversity of plant, insect and bird life it has become a firm favorite with wild-life photographers. The bird hides have become a second home at sunrise for the more dedicated photographers, whilst others simply enjoy improving their skills and, through their lens, enjoying what the wetland has to offer.

Get Connected

@centurycity.co.za
info@intaka.co.za
021 552 6889

Children's, group and pensioners' discounts available. Summer hours (October - April) Monday - Sunday 08h00 - 19h00 daily. Open every day of the year, except 25 December.





MAKING waves

WORDS: Sarah Marjoribanks

The ocean has always been a huge part of Wilfred Chivell's life. From discovering the Nicobar shipwreck in 1987 and competing in gruelling offshore boat races to founding Marine Dynamics and, more recently, establishing the Dyer Island Conservation Trust, he's always been passionate about marine conservation and his hometown of Gansbaai.

Wilfred Chivell knows the reefs, rocks and wrecks along the Gansbaai like the back of his hand. This diverse environment is home to breeding colonies of the endangered African penguin, a 60 000-strong population of Cape Fur Seals, the largest aggregation of Great White Sharks in the world and, during their migration, it's a breeding ground for the Southern Right Whales.

in research programs that directly benefit the conservation and understanding of the animals they concern is mirrored by these two eco-tourism companies that Wilfred operates, which aim to continually improve on the ethical standards of both whale watching and shark cage diving. In fact, Wilfred has received Honorary Life Membership of the Shark Conservation Society thanks to his action in protecting these incredible fish.

spending time engaging with the incredible marine life of Gansbaai, or on his boat Calypso (named after Jacque Cousteau's boat), you'll find Wilfred in his indigenous garden. Here, he has his own bird hide and is surrounded by an abundance of our feathered friends, each of which he knows by name, when they breed and how many chicks they have. "It's a privilege to have the freedom to go for long walks in nature, to have a garden and to sit in my bird hide at home and just watch birds," says Wilfred. "I consider myself incredibly lucky to live in Gansbaai, with space to breathe and to think, fresh air, clean water, the ocean and mountain."

CONSERVATION IN ACTION

Wilfred is very much a doer rather than a talker, and with such an important marine area on his doorstep he founded the Dyer Island Conservation Trust in 2006 to protect and conserve the incredible wildlife of Dyer Island - an area that's now on the conservation map thanks to his activism. The Trust conducts valuable research, conservation and education on Dyer Island, and they also run African Penguin housing project and the African Penguin and Seabird Sanctuary.

When you're in Gansbaai, make sure to book a tour through Marine Dynamics and Dyer Island Cruises, which support the Trust financially. The Trust's philosophy of investing

WORKING WITH THE COMMUNITY

The community of Gansbaai has also been incredibly active in conservation, and Wilfred has close relationship with a lot of the Gansbaai locals who care as much for the marine animals and environment as he does. "The locals are our eyes and ears," says Wilfred. "They will let us know when an African penguin or seal is entangled in fishing line, or they find a seabird that can't fly."

To inspire the youth and let them know about the treasures that lie just outside their door, the Trust formed an Education Programme where students from Masakhane Primary School can enrol in a three-year long programme that exposes them to the field of science and conservation. When he's not

EXPERIENCE GANSBAAI

When it comes to visitors that will be spending time in this beautiful part of the world over the holidays, Wilfred is enthusiastic about all the incredible nature you'll be able to experience. "Go walk, breathe, see, feel and do," he says. "Come and experience our eco-tourism ventures and when you leave, make sure that whatever you do will protect this area and allow it to flourish for many years to come."

Get Connected
dict.org.za
@DyerIslandConservationTrust

A BURNING Invention



Sometimes the best inventions are the simplest, as is the case with this circular grid that screws up and down for the ultimate heat control on your braai.



"Having retired after selling my business in 2016, I found myself thinking more and more about how to adjust the heat easily and proficiently on my braai or Weber," says Harvey Downes, an 80-year-old retired Cape Town businessman and DIY enthusiast. "The idea of a BBQ grid screwing up and down to adjust its height came from the winding mechanism of an office chair."

However, when he took the idea to several braai makers, they were dismissive - the shaft wouldn't work, it would jam, rust, expand, turn too slowly, take up space or food would fly off. Nevertheless, Harvey persisted and eventually succeeded in making a prototype that worked. A friendly engineer helped him get a few samples made and later production started with some parts made at a braai factory and the Braai screwing mechanism was finally born.

"Perseverance paid off and eventually I managed to complete my first model of the

Draai Braai to show the engineers how it worked brilliantly. This is where they finally changed their minds and showed massive interest," says Harvey. Today the Draai Braai is distributed via Takealot, and orders have been coming in from the UK, Australia, Canada, Holland and the USA.

Part of the Draai Braai's appeal, says Harvey, is that it's portable and can be used anywhere - plus its simplicity makes it easy to use as well as incredibly effective. The braai grid is screwed onto a central shaft, and when turned clockwise moves down and anticlockwise turns up. This means that food can be cooked for longer without the risk of burning, fresh coals or smoking chips can be added while the food is secured on the grid, and when flare-ups happen, the grid can be rotated up away from the coals so that the flames can be doused with ease.

Get Connected
draaibraai.co.za
@draaibraai



The summer season in Cape Town means there's lots on the go – days on the beach with road trips in and around the city to visit family. Behind the scenes, a team of dedicated people work hard to ensure that it remains a fun and festive time. We chatted to a few of our local heroes about what they love about their job, and what they want.

Love OUR LOCAL HEROES





WATCHING THE WAVES

Jeanne Topliss, a Senior Beach Lifeguard stationed at Fish Hoek Beach, loves interacting with the public and being involved in her passion – the ocean. “Each beach along our coastline is unique – at some beaches it can be easier to spot dangerous swimming areas while at others the danger zones may be more hidden,” says Jeanne. “That’s why visitors should only swim between the red and yellow flags on the beach – the lifeguards know their beaches, and this is the safest place to swim.”

“The best thing about what I do is keeping all the patrons of our beaches safe,” says **Keenan Weavers**, Senior Beach Lifeguard monitoring Melkbosstrand, Big Bay, Table View and Milnerton. “While it’s rewarding seeing people enjoying the safe swimming environment that we create, it’s frustrating to manage people who illegally drink alcohol at the beach and don’t adhere to the safety rules.”

Jeanne agrees: “We’re fortunate to know many of the locals that come to the beach regularly, and we’re able to keep a very close eye on them when they’re swimming, but managing the dangers of drinking and swimming is certainly a challenge, as is dealing with the many children that arrive at the beach without adult supervision.”

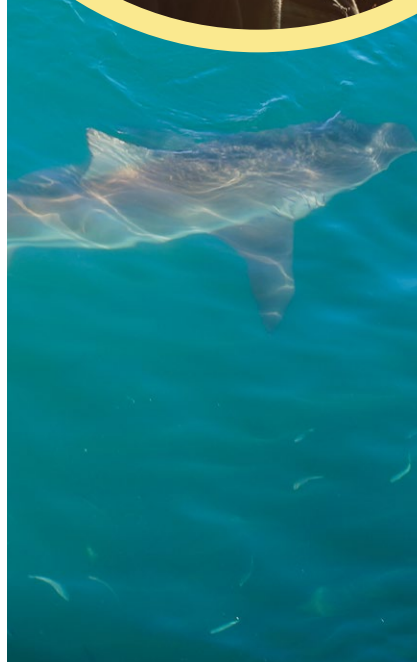
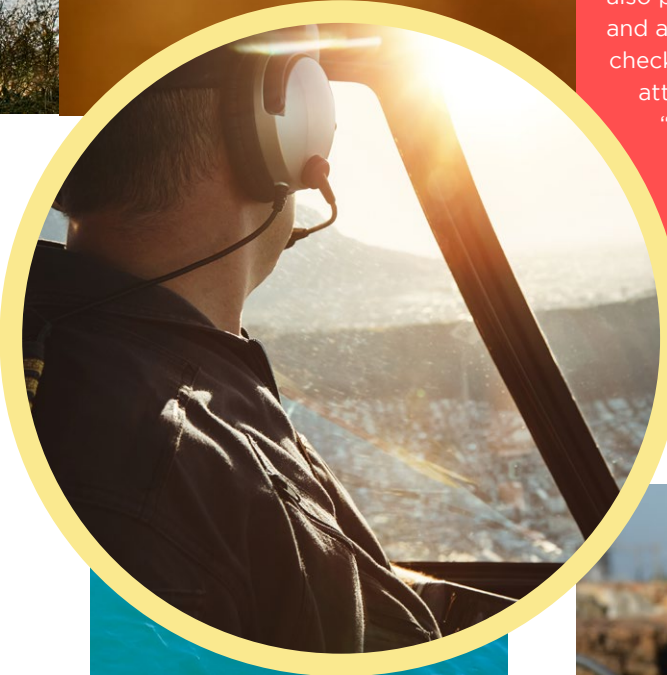
SHARK SPOTTERS FLAG SYSTEM

-  **No flag** = no spotter on duty.
-  **White Flag** (with a solid black shark) = shark in vicinity of water users (siren sounded) or after serious incident when beach is closed.
-  **Red Flag** (with solid white shark) = 1 hour after a sighting or if a shark is spotted but not near water users or if there is an increased risk of shark activity.
-  **Black Flag** (with shark outline) = poor spotting conditions in area where majority of water users are. No shark seen.
-  **Green Flag** (with shark outline) = good spotting conditions in area where majority of water users are. No shark seen.

SPOTTING DANGER

Tino Simmerie, the Field Manager based in False Bay, gets a huge sense of fulfillment through his work as a Shark Spotter – he enjoys helping others out and learning something new as he meets people, and addressing misconceptions about sharks and how the shark spotters operate. “We’re an NGO, not a government entity,” he says. “We’re community centred and our main goal is to mitigate the conflict between sharks and people as best we can.” He advises the public to use beaches where shark spotters, law enforcement and lifeguards operate. “This allows you to seek help easily if anything goes wrong. Also, educate yourself on the flag system we use and keep an eye on our flags – you can also follow our social media channels for updates on shark activity at the beaches we operate on.”

Nkosinathi Warren Makhanda is a spotter stationed at Monwabisi Beach, and he loves learning about the marine animals that live in False Bay and assisting beach goers. However, there are challenges involved. “Coming into the busy festive season, it’s tricky to reason with drunk beach goers who sometimes disrespect the spotters on duty,” he says. “At the end of the day, we’re here to provide a service to the public, but we also require their respect in order to do our jobs.” He recommends that beachgoers don’t swim, surf or dive when intoxicated or bleeding. “You’re always welcome to visit our huts at the beaches to learn more about the program.”

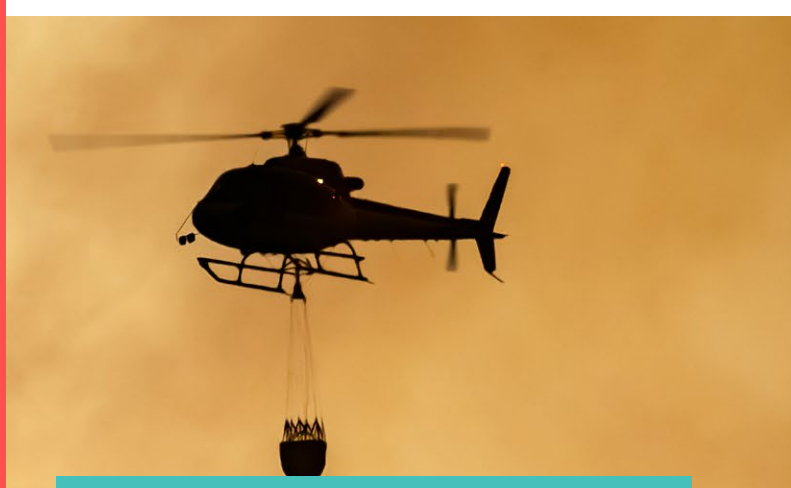


FIGHTING FIRES

Renaldo Duncan, a firefighter based at Sir Lowry’s Pass Fire Station, loves what he does. “Helping the communities prevent fire, accidents and injuries, and knowing that we make a difference, brings me great joy,” he says. “Just this morning we had a school visit and two of the kids were so scared to the point of tears, but when they left they had smiles and were educated in practicing fire safety.” **Warren Sam** at the Goodwood Fire Station also enjoys making a difference in the lives of the community. “It’s incredibly rewarding to see their faces after we’ve saved their loved ones or properties,” he says, adding that the firefighters respond within three minutes maximum from receiving a call and are always challenged to be prepared.

Warren cautions that during the upcoming holidays, there’s a huge increase in vegetation fires due to strong winds and unsupervised children playing in the veld and leaving fires burning. Renaldo adds that fatal car crashes and drownings also pick up coming into the festive season, and advises the public to “Manage your braais, check the condition of your vehicle and pay extra attention when taking to the road.”

“Our best day at work is not running into a burning building, saving cats from trees or even just driving in a big red truck – it’s when we’re able to complete all our station duties and return to our families at the end of the shift, because that means our community was safe and fire prevention education is working,” says Renaldo.



YOU OTTER KNOW

So, what should you do if you encounter a Cape Clawless Otter at one of our tidal pools, or a seal on one of our beaches, as we’ve seen happen this year? Here’s some advice from the City of Cape Town:

- Do not approach or try and get close to any marine and coastal wildlife. Their natural response will be to defend themselves and this may result in a bite.
- Always keep a respectful distance between yourself and any wildlife to reduce stress on the wildlife. Move away if approached by wildlife.
- Never try and touch, or pose with, any marine and coastal wildlife.
- Keep dogs under control by keeping them on a leash and well away from all wildlife at all times. Remove pets immediately from any place where coastal wildlife is present.
- Never try and feed any marine and coastal wildlife.





TAP INTO YOUR *creativity*



If you've always had a flair for art and a knack for design, why not study graphic design or animation at these top Cape Town schools?

CAPE TOWN CREATIVE ACADEMY

Encouraging learners to become leaders and empowering students to reimagine the world and transform the future, Cape Town Creative Academy offers a BA in Communication Design for the duration of 3 Years. ctca.co.za

CITY VARSITY

A creative education service provider committed to delivering quality education. A fully accredited Higher Education Institution offering a Diploma in Multimedia Design and Production. cityvarsity.co.za

FRIENDS OF DESIGN

Founded in 2006 and committed to exceptional education standards with national and international industry accreditation, Friends of Design offers a Higher Certificate Graphic Design & Visual Communication for the duration of 1 year (Full Time). ada.ac.za

INSCAPE DESIGN COLLEGE

One of the first multidisciplinary design institutions in South Africa, offering a wide range of study options including a Graphic Design Diploma or Degree for the duration of 3 Years. inscape.co.za

VEGA SCHOOL OF BRAND LEADERSHIP

IIE-Vega, an educational brand of The Independent Institute of Education (The IIE) was formed in 1999. The institution offers a BA in Graphic Design for the duration of 3 Years. vegaschool.com

STADIO

An institution with strategic collaborations within various industries to ensure its students are well-rounded. Offering a BA in Visual Communication Design for the duration of 3 Years with contact learning campus and distance learning support centre. stadio.ac.za

RUTH PROWSE SCHOOL OF ART

The school offers an exciting range of programmes and courses in full-time registered and accredited programmes, part-time extra-curricular courses (non-credit bearing), and the Outreach Skills Programme (non-credit bearing) as well as offering a Diploma in Graphic Design for the duration of 3 years. ruthprowse.co.za



RED & YELLOW CREATIVE SCHOOL OF BUSINESS

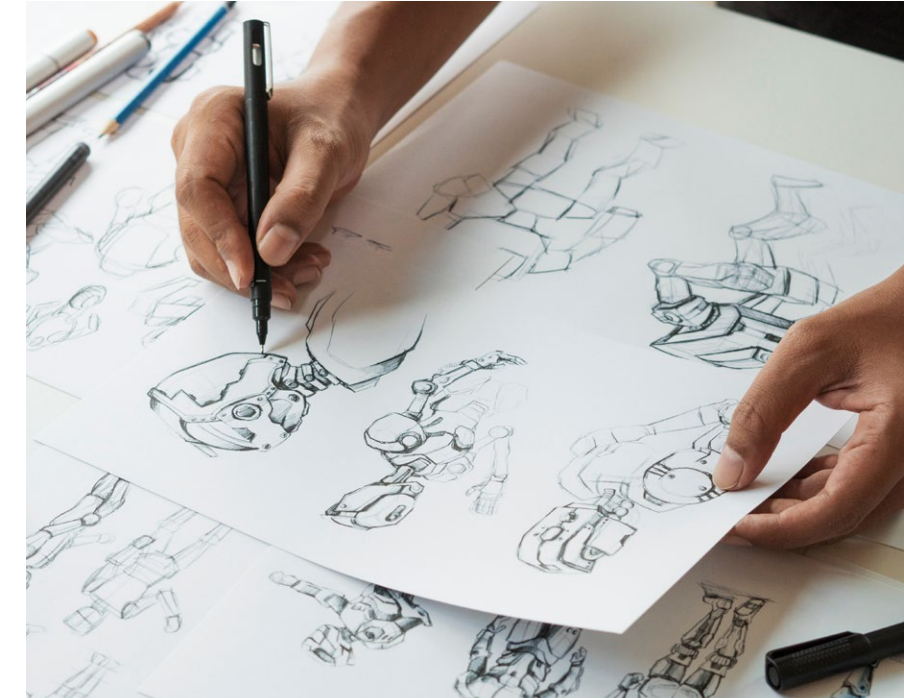
The school has a mission to unlock creative thinking and develop career skills for students to thrive in this digital world. Offering full time courses in graphic design and visual communication, as well as part time courses. redandyellow.co.za

SCHOOL OF IT

A leading tech education company, created and started by an IT enthusiast in 2015. Offering graphic design courses as well as courses in web design, social media, data science, and mobile development. schoolofit.co.za

AAA SCHOOL OF ADVERTISING

Established 30 years ago by the Association of Advertising Agencies (AAA) to train young talent into the advertising industry, the AAA adopts a holistic approach to teaching advertising, design and marketing. The school offers a BA in Creative Brand Communication for the duration of 3 years. aaaschool.ac.za



STELLENBOSCH ACADEMY OF DESIGN & PHOTOGRAPHY

With an aim to provide their students with an exceptional learning environment and curriculum, the institution offers a BA Visual Communication for the duration of 3 years. stellenboschacademy.co.za

Work with the Purely Local team!

If you've just graduated from your studies in graphic design or animation and would like some real-world experience in a paid internship, Purely Local is looking for interns to join our dynamic company. For more information, email chantelle@augmentcreative.com

TYSON PROPERTIES ATLANTIC SEABOARD TEAM SETS RECORD WITH R129-MILLION SALES IN NOVEMBER



Team Sierra at Tyson Properties: Sheldon Lubbe, Najma Abrahams, Hannah De Villiers, Celeste Davidson & Arthur Sierra

The semigration from other parts of the country to the Western Cape continues unabated – despite potentially negative overall economic influences such as rising interest rates, high fuel prices and elevated inflation.

This vote of confidence in the region, which is a top performer when it comes to residential property investment in South Africa, can be attributed to a number of different factors, according to Nick Pearson, CEO of Tyson Properties. He believes that the continued semigration stems from a rise in remote working by professionals and a demand for a greater quality of life and work life balance.

“The Atlantic Seaboard, in particular, has an energy like no other. It presents a great lifestyle and investment opportunity. People feel confident in the area. It is close to some of the best beaches in the world and all that the city of Cape Town has to offer,” he adds.

Cape Town has always been seen as the Riviera of Africa and a major attraction for international investors.

However, property practitioner & team leader for Team Sierra, Arthur Sierra says there has been a major shift with the take up of properties now coming from South African buyers and only a “slow trickle of foreigners” starting to show renewed interest.

“The Western Cape has it all. Only 40 minutes out of Cape Town, one can escape to the mountains and winelands. If your preference is for the seaside, our coastlines are picturesque with white beaches. The city itself has an excellent choice of business districts, remote options and fibre throughout. Whether it’s East Coast, West Coast, Southern coastline, or inland, the Western Cape also offers plenty of diversity for living. Estate living is proving to be extremely popular with upcountry buyers and apartments extremely popular with people who want second homes,” he says.



Waterfront. R42 000 000.
Web Ref: RL77197



Waterfront. R29 995 000.
Web Ref: RL71650



Mouille Point. R23 995 000.
Web Ref: RL64448



De Waterkant. R21 000 000.
Web Ref: TPR1472



Bakoven. R16 995 000.
Web Ref: RL71233



Mouille Point. R12 999 000.
Web Ref: RL69340



Mouille Point. R7 995 000.
Web Ref: RL71933



Sea Point. R7 995 000.
Web Ref: RL73334

His on-the-ground experience in late 2022 is that local buyers are revealing their spending power not only when it comes to buying up new properties after relocating but also when looking for investor type properties. These are properties that bring good, strong rental returns in places that naturally attract both local and foreign tourists.

Current market segments proving to be in demand are apartments priced between R1-million and R5-million in areas from De Waterkant through to Seapoint. He adds that nine out of 10 enquiries are for smaller investor type properties.

Pearson and Sierra agree that pricing is more stable than ever because of strong local demand. Banks are offering easy loans and there is a good supply of properties. Although pricing has not gone up, it has certainly stabilised.

That said, pricing is set for the local rather than the international market with studio apartments coming in at R1 to R2-million in most areas. One bedroomed apartments are priced from R2-million in De Waterkant to R6-million at the V& A Waterfront, two bedroomed apartments from R2.5-million in De Waterkant to R20-million at the V&A Waterfront. Three bedroomed properties range from R5.5-million in Greenpoint through to R20-million in Bantry Bay.

Penthouse units are priced from R20-million in Green point to R60-million at the V&A Waterfront.

The rental market is also performing strongly, says Sierra. ‘It is booming with rental values having increased by 15 to 20% in the

last year. With travel opening up, short term rentals and long term rentals have benefitted massively. There is currently a shortage of good property available to rent for long periods. The market is definitely proving to be investor friendly.”

He says that, in the Western Cape, Tyson Properties has had an eventful and extremely exciting year so far.

“The market has had a number of difficulties for 2022 but comes nowhere near to the year of Covid 2019/2020. We have been at the forefront of wonderful things on the Atlantic Seaboard and, this year, we have experienced massive gains in the marketplace, ensuring our best year ever.”

Tyson Properties Atlantic Seaboard’s sales for November alone were more than R129-million.

“Within Team Sierra, we have been involved in some seriously exciting new developments. Four of our agents are currently placed in the Top 10 most successful sales agents in the Western Cape for this fiscal year, whilst our rental practitioner is also amongst the Top 10 in Western Cape,” Sierra says.

Overall, he describes this team as energetic, knowledgeable and up to date in terms of technology. “They are credible, dynamic and doing a lot of business. Good networks are essential and they are attracting a younger buyer to the area. They are hungry and eager to make change in the area and grow it in a positive manner.”

Let's Talk...

CAPE GRACE

ON CAPE TOWN'S WATERFRONT

Managed by ACCOR



You have to stay here
at least once in your lifetime

www.capegrace.com | [f @capegracehotel1](https://www.facebook.com/capegracehotel1) | [i @capegracehotel](https://www.instagram.com/capegracehotel)